



# AcadeMir Charter Schools

## Wellness Advisory Group Members

### Sign In

Meeting Date: 11/18/24

1	Name	Parent/Student/ Staff	Email Address	Responsibilities/ Roles
2	Karen Hechel	Parent	nyterawer@gmail.com	SAC CHAIR
3	HILARY CASTILLO	Parent	hilarycastle@acel.com	SAC SECRETARY
4	HILARY BIBEAU	Parent	hilarybibeau@yahoo.com	-
5	HUNTER DAVILLO	student		-
6	Natalie Hechel	student		-
7	Alexandro Joubert-Simon	student		-
8	Kyla Seminoe	Parent	Ky.seminoe@gmail.com	SAC VICE CHAIR
9	Jessica Rodriguez	STAFF	Jrodriguez@academirprep.com	SCHOOL SECRETARY
10	Ra - Ramdath	Staff	rramdath@academirprep.com	PRINCIPAL
11			preparatoryofchampiongate.com	
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### Meeting Agenda

Meeting Date: 11/18/24

#### School Wellness Vision

AcadeMir Charter Schools are committed to providing a healthy environment for students and staff within the school environment.

#### School Wellness Mission

The mission of AcadeMir Charter Schools is to provide students with a well-rounded school education and promoting school wellness to increase student academic performance.

#### School Environment Goals

Students receive nutrition education that teaches the skills necessary to adopt healthy eating habits?	KG - 2nd Grade - YES Upper Grades - YES (through PE and Science)
Students receive consistent nutrition messages throughout the school?	YES
AcadeMir Charter Schools health education curriculum standards and guidelines include both nutrition and physical education?	YES



## Physical Fitness Goals

Students are given the opportunity for physical activity during the school day in addition to physical education classes (i.e. daily recess, classroom activities, etc.)	YES .
Students are given the opportunity for physical activity through a range of before and /or after school programs?	YES

## Nutritional Goals

USDA guidelines set for food and beverages in the food service program are being followed:	YES .
Guidelines set for food and beverages sold to students outside of the food service program are being followed:	YES .



## Other School Based Activities promoting School Wellness:

The school provides a clean and safe environment?	Yes.
Students have access to free drinking water throughout the school day?	Yes.
The school encourage all students to participate in the school breakfast and lunch program?	Yes.
AcadeMir Charter Schools protect the identity of students who eat free and reduced-priced meals?	Yes.
The school ensure adequate time for students to eat lunch?	Yes.

## Creating Goals for School Food Program

<b>Goal 1</b>	Food should be cooked at the school - and should be warm.
<b>Goal 2</b>	There should be holiday foods e.g. turkey at Thanksgiving.





## Additional Public Input

None.